

COURSE UNIT FOR DOCTORAL STUDIES

Course unit (module) title	Science (code)	Unit	Institute / Department
Development of Self-Regulation: Research Directions and Perspectives	S 006	Faculty of Philosophy	Institute of Psychology

Mode of delivery	Number of ECTS	Mode of delivery	Number of ECTS
Lectures		Consultations	2
Individual work	5	Seminars	

Annotation
The purposes of this course are: to deepen and enhance the knowledge on development of self-regulation, to develop the understanding of it as a main construct of personality, and to improve skills to critically evaluate the study findings and to formulate hypotheses and select methods for researching various aspects of self-regulation. Main themes: the concept of self-regulation, classical and contemporary theories; early precursors of development of self-regulation, and later development of self-regulation; the main directions in researches of self-regulation in fields of developmental psychology and psychopathology, educational psychology, health and clinical psychology.
Reading list
Boekaerts, M., Pintrich, P.R., Zeidner, M., Eds. (2000). Handbook of Self-Regulation. Academic Press.
Bronson, M. (2000). Self-Regulation in Early Childhood: Nature and Nurture. New York, Guilford Press.
Handbook of Self-Regulation: Research, Theory, and Applications (2nd ed., 2004). Baumeister, R.F., Vohs, K.D. (eds). New York: The Guildord Press.
Jusienė R. (2014). Mažų vaikų savireguliacija. Vilniaus universiteto leidykla

Lecturer(s)	Degree	Main publications in a field during past 5 years
Roma Jusienė	Dr.	Jusienė, R., Breidokienė, R. (2019). Preschoolers' self-regulation and developmental trajectories of sleep problems in early childhood. <i>Infant and Child Development</i> , 28(6), e2158. https://doi.org/10.1002/icd.2158
		Jusienė, R., Rakickienė, L., Breidokienė, R., Laurinaitytė, I. (2020). Executive function and screen-based media use in preschool children. <i>Infant and Child Development</i> , 29(1), e2173. https://doi.org/10.1002/icd.2173
		Jusienė, R., Baukienė, E., Breidokienė, R. (2021). Risk of Behavioural and Emotional Disorders in Lithuanian School Aged Children as Assessed with SDQ During the Second Lockdown due to COVID-19. <i>Psichologija</i> , 64: 77-85. https://doi.org/10.15388/Psichol.2021.43

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Committee Chairman prof. Evaldas Kazlauskas