

1. Introduction Historical aspects, atoms in a magnetic field, the Stern–Gerlach experiment, nuclear magnetic resonance (NMR), electron paramagnetic resonance (EPR).	2					2	0	
2. Classical Magnetic Resonance Theory Spin magnetic moments, spin magnetization, Larmor precession, spin–lattice (T_1) and spin–spin (T_2) relaxation, magnetic field pulses, free induction decay.	4					4	8	Analysis of Scientific Literature.
3. Quantum Mechanical Magnetic Resonance Theory Vector algebra, matrices, Hilbert space and spin operators, NMR Hamiltonians, Liouville space and super operators.	6					6	12	Analysis of Scientific Literature.
4. High-Resolution NMR Structure of high-resolution spectra, influence of magnetic field homogeneity on spectra, decoupling of nuclear interactions, 1D and 2D experiments, applications of NMR in chemistry, materials science, and biosciences.	4	2		4		10	20	Analysis of Scientific Literature and Seminar Preparation
5. Solid-State NMR Anisotropic interactions in solids, NMR spectra of single crystals and powders, magic angle spinning (MAS), cross-polarization (CP), 1D and 2D experiments, applications in materials science and biosciences	4	2		4		10	20	Analysis of Scientific Literature and Seminar Preparation
6. Principles of NMR Tomography Magnetic field gradients, the operating principle of a tomograph, and applications of tomography in medicine.	2	2				4	8	Analysis of Scientific Literature and Seminar Preparation
7. EPR Spectroscopy Hyperfine interactions, continuous-wave and pulse methods, applications in materials science and biosciences.	2	2		4		8	16	Analysis of Scientific Literature and Seminar Preparation
8. Hyperpolarization Techniques Dynamic Nuclear Polarization (DNP), parahydrogen-induced polarization (PHIP), applications in materials science and biosciences	2	2				4	8	Analysis of Scientific Literature and Seminar Preparation
Total	26	10		12		48	92	

Assessment	weight %	Period	Criteria
Seminars	25	All Semester	During the seminar, the results of independently completed tasks are presented. Knowledge is assessed based on the completed tasks: quality and accuracy of the provided information (5 points), presentation style and delivery (2 points), and responses to additional questions (3 points). A 10-point grading system is used.
Laboratory work	25	All Semester	During laboratory work, students will be introduced to high-resolution, solid-state NMR and EPR experimental techniques, record NMR and EPR spectra, and process them. Knowledge is assessed based on completed tasks:

			analysis of recorded spectra (5 points), quality of the laboratory report (2 points), and responses to additional questions (3 points). A 10-point grading system is used.
Exam	50	Exam Session	5 open-ended questions. Answers may require a formula or an explanatory diagram. Each correctly answered question is worth 2 points; incorrect answers receive 0 points. A 10-point grading system is used.

Author	Year	Title	Number	Publisher or Online Link
Compulsory Literature				
1. Malcolm H. Levitt	2008	Spin Dynamics: Basics of Nuclear Magnetic Resonance		John Wiley & Sons Ltd, The Atrium, Southern Gate Chichester, England
2. J. Keeler	2002	Understanding NMR Spectroscopy		Wiley, The Atrium, Southern Gate Chichester, England
3. V. I. Chizhik, Y. S. Chernyshev, A. V. Donets, V. V. Frolov, A. V. Komolkin, M. G. Shelyapina	2014	Magnetic Resonance and Its Applications		Springer International Publishing Switzerland
4. Vladimir I. Bakhmutov	2011	Solid-State NMR in Materials Science: Principles and Applications		CRC Press
5. K. Müller, M. Geppi	2021	Solid State NMR: Principles, Methods, and Applications		Wiley
Additional Literature				
1. R. E. Wasylshen, S. E. Ashbrook, S. Wimperis	2012	NMR of Quadrupolar Nuclei in Solid Materials		John Wiley & Sons Ltd, Ltd The Atrium, Southern Gate Chichester, England
2. C P. Slichter	1990	Principles of Magnetic Resonance		Springer