

Course unit title	Code
Human Histology I, academic year 2019-2020	ZMHI2115

Lecturer(s)	Department(s)
Coordinating: Prof. Renata Šimkūnaitė-Rizgelienė	Department of Anatomy, Histology and
Others: Prof. Violeta Žalgevičienė, lect. Rūta Jacevičiūtė.	Anthropology,
	Institute of Biomedical Sciences,
	Faculty of Medicine, Vilnius University

Cycle	Level of the course unit	Type of the course unit
Integrated studies	-	Compulsory

Mode of delivery	Period of delivery	Language of instruction
Face-to-face: lectures, semin	ars, Year I, semester I	Lithuanian and English
practices, consultations, colloc	iia,	
and self-studies		

Prerequisites and corequisites						
Prerequisites:	Corequisites (if any):					

Number of ECTS credits	Total student's workload	Contact hours	Self-study hours
allocated to the course			
unit			
5	134	67	67

Purpose of the course unit Programme competences to be developed								
The purpose of the course is to aid students in acquiring basic knowledge and understanding of the microscopic								
structure of human tissues and organs, ansure that students understand the material so that they may systemise, analyse								
subcure of numan ussues and organs, ensure that students understand the material so that they may systemise, analyse								
After the second students are required to here the mission		and another their anisin and						
After the course students are required to know the microsco	pic structure of numan tissues	s and organs, their origin and						
main functions, to apply theoretical knowledge to practice -	recognize, describe and com	pare histological slides of						
tissues and organs	1							
Learning outcomes of the course unit	Teaching and learning	Assessment methods						
methods								
Generic competences:								
During the first semester students are required:								
- to act fairly and according to ethical obligations, be	The former of the second	Quality						
empathetic, think critically and self-critically, be creative,	Lectures and seminars,	Continuous assessment						
take the initiative, communicate with others	self-study	during seminars						
- to make an assessment within the scope of one's								
competence and if necessary ask for help act in new								
situations and adapt to them, act independently, solve	Seminars and practice,	Continuous assessment						
problems, make judgements, work with other students	self-study	during seminars and practice						
problems, make judgements, work with other students,								
organise and plan								
	Seminars and practice.	Continuous assessment						
- to analyse and synthesize, use knowledge in practice	into practico,	during seminars, practice and						

to analyse and synthesize, use knowledge in practice	self-study	colloquiums
Subject-specific competences:		
During the first semester students are required:		
	Theoretical material	Continuous assessment
- to name and describe the main historical periods of	during the lecture, skills	during practice and seminar.
Histology, main methods used in Histology and tissue	in using light microscope	At the end of course unit – an

preparation, know how to work with light microscope	during practice, discussions and analysis during seminar, self- study	examination
- to know microscopic and ultramicroscopic structure of the cell , understand the cell cycle and cell division, main physiological features of the cell	Study of histological slides, electron micrographs during practice, discussions and analysis during seminar, self-study	Continuous assessment during practice and seminar. At the end of theme – a test. At the end of course unit – an examination
- to know and describe periods of human prenatal development , courses of developmental defects, know and draw the structure of the human embryo at the early developmental stages, structure and functions of foetal membranes and placenta	Theoretical material during the lectures. Study of histological slides, moulages, preparates during practice, discussions and analysis during seminar, self- study	Continuous assessment during practice and seminars. At the end of theme – a colloquium. At the end of course unit – an examination
- to know microscopic and ultramicroscopic structure, functions and origin of the epithelial tissue , recognize and describe the slides of different epithelial tissues	Study of histological slides during practice, discussions and analysis during seminar, self- study	Continuous assessment during practice and seminar. At the end of theme – a colloquium. At the end of course unit – an examination
- to know microscopic structure, functions and origin of connective tissue , recognize and describe the slides of different connective tissues	Theoretical material during the lectures. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self- study	Continuous assessment during practice and seminars. At the end of theme – a colloquium. At the end of course unit – an examination
- to know the composition of blood , describe the stages of hemopoiesis, to recognize and describe the blood cells in histological slides	Theoretical material during the lectures, study of histological slides, discussions, analysis during seminar, self- study	Continuous assessment during practice. At the end of themes about blood and muscle tissue – a colloquium. At the end of course unit – an examination
to know microscopic structure, origin and functions of the muscle tissue , recognize and describe the slides of different muscular tissues	Theoretical material during the lectures, study of histological slides during practice, discussions and analysis during seminar self-study	Continuous assessment during practice. At the end of themes about blood and muscle tissue – a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of the nervous tissue , recognize and describe the slides of different nervous tissues and organs	Theoretical material during the lecture, study of histological slides during practice, discussions and analysis during seminar, self- study	Continuous assessment during practice. At the end of themes about nervous tissues and nervous system – a colloquium. At the end of course unit – an examination
- know microscopic structure, origin and functions of the nervous system organs, recognize and describe the slides of the different nervous system organs	Theoretical material during the lecture, study of histological slides during practice, discussions and analysis during seminar, self- study	Continuous assessment during practice. At the end of themes about nervous tissue and nervous system – a colloquium. At the end of course unit – an examination

Topics	Contact work hours	Time and tasks of self-study

	Lectures	Consultations	Seminars	Practice	Laboratory work	Practical training	Total contact hours	Self-study	Tasks
1. Main historical periods of Histology, main methods used in Histology	1	-	-	-	-	-	2	2	-
2. Tissue preparation and work with light microscope. Cytology: structure and functions of cell membrane, organelles and inclusions	-	-	2	1	-	-	3	3	Studies of the literature, preparing for seminar and practice.
3. Cytology: nucleus, cell cycle and division, physiological features of the cell									Studies of the literature, preparing for seminar and practice. Repeating of studied material and preparation for the test
4. Human embryology: germ cells, fertilization, segmentation and implantation	1		1	2			3	3	Studies of the literature, preparing for seminar and practice
5. Human embryology: gastrulation, histogenesis and organogenesis	2	-	1	2	-	-	5	5	Studies of the literature, preparing for seminar and practice
6. Human embryology: structure and functions of foetal membranes and placenta. Congenital defects	2	-	2	1	-	-	5	5	Studies of the literature, preparing for seminar and practice. Repetition of studied material and preparation for the colloquium
7. Epithelial tissue: surface epithelium	1	-	1	2	-	-	3	3	Studies of the literature, preparing for seminar and practice
8. Epithelial tissue: glands	1	1	1	2	-	-	4	4	Studies of the literature, preparing for seminar and practice. Possibility to study histological slides during the consultation. Repetition of studied material and preparation for the colloquium
9. Embryonic and special connective tissue	1	-	1	2	-	-	4	4	Studies of the literature, preparing for seminar and practice
10. Connective tissue proper	2	-	1	2	-	-	5	5	Studies of the literature, preparing for seminar and practice
11. Skeletal connective tissue. Osteogenesis	3	-	2	1	-	-	6	6	Studies of the literature, preparing for seminar and practice. Repetition of studied material ant preparation for the colloquium
12. Blood and hemopoiesis	2	-	2	1	-	-	5	5	Studies of the literature, preparing for seminar and practice
13. Muscle tissue	2	-	1	2	-	-	5	5	Studies of the literature, preparing for seminar and practice. Repetition of studied material about blood and preparation for the colloquium
14. Nervous tissue	2	-	2	1	-	-	5	6	Studies of the literature, preparing for seminar and practice
15. Nervous system	2	-	2	1	-	-	5	6	Studies of the literature,

									preparing for seminar and practice. Repetition of studied material about nervous tissue and preparation for the colloquium
16. Sense organs	2	-	-	-	-	-	2	-	
Total	24	1	21	21	-	-	67	67	

Assessment strategy	Weight	Assessme	Assessment criteria
	(%)	nt period	
Continuous assessment during practice and seminars		During semester	Short questioning on the topic of the current day (in written or oral form). At the end of the practice the lecturer checks the drawings, points out the mistakes, ascertains the correctness of terminology and depicted structures, and signs them. Students report on self-dependently explored topics and projects, general discussion on problematic questions during seminars. Attendance of the practices and seminars is mandatory, and missing classes due to justified causes must not exceed 20% of the scheduled time. Active attendance of lectures and solving problems presented during the seminars is encouraged.
Interim assessment - 1 test-paper : Cytology, 5 colloquia : Embryology; Epithelial Tissue; Connective Tissue; Blood and Muscle Tissue; Nervous Tissue and Nervous System.	5%	During semester	The colloquia are in written (closed or opened questions with schemes, drawings, figures and histological slides) or in oral form (with schemes, drawings, figures and histological slides). Assessment on 10-point scale: 10 points - the student mastered the studied material excellently, is able to analyze and summarize, uses the concepts and terms correctly. Written colloquium - at least 90 percent of questions answered. 8-9 points - the student mastered the studied material very well/well, is able to organize and summarize, uses correctly the concepts and terms. Written colloquium - at least 85 percent of questions (9 points), or 75 percent of questions (8 points) answered. 6-7 points - the student mastered the studied material satisfactorily, some of the concepts and terminology used inaccurately. Written colloquium - answer at least 65 percent of questions (7 points), or 55 percent of questions (6 points). 5 points - student mastered the studied material superficially, inaccurate use of concepts and terms. Written colloquium - at least 50 percent of questions answered. 4-1 points – student's knowledge is insufficient, terms and concepts used incorrectly. Written colloquium - less than 50 percent of test questions answered. Failed colloquium could be retaken. An average grade of all colloquia (of the 1 st and the 2 nd semester) makes up 10% of the final evaluation.
Accumulative credit		Till the 1 st day of the session	Student must fulfil attendance requirements and pass the colloquia of the 1 st semester.

Author	Year of public ation	Title	No of periodical or vol. of publicatio n	Publication place and publisher or Internet link
Required reading				
Young B., O'Dowd G.,	2014	Wheater's Functional Histology:		Churchill Livingstone
Woodford P.		a Text and Colour Atlas		https://www.clinicalkey.com/
				#!/browse/book/3-s2.0-
				C20090600258

Schoenwolf G. C.	2015	Larsen's Human Embryology	Churchill Livingstone https://www.clinicalkey.com/ #!/browse/book/3-s2.0-
Šimkūnaitė-Rizgelienė R.	2012	A Practical Guide to Human Embryology	http://www.mf.aha
Šimkūnaitė-Rizgelienė R.	2012	A Practical Guide to General Human Histology	http://www.mf.aha
Recommended reading			
Ross M.H., Pawlina W.	2011	Histology. A Text and Atlas	Lippincott Williams&Wilkins
Gartner L. P.	2017	Textbook of Histology	Elsevier https://www.clinicalkey.com/ #!/browse/book/3-s2.0- C20140021375
Drake R., Vogl W.A., Mitchell A.W.M.	2019	Gray's Anatomy for Students.	Churchill Livingstone https://www.clinicalkey.com /#!/browse/book/3-s2.0- C20110053139
Sadler T.W.	2018	Langman's Medical Embryology	Lippincott Williams & Wilkins



COURSE UNIT DESCRIPTION

Course unit title	Code
Human Histology II, academic year 2019/2020	ZMHI2215

Lecturer(s)	Department(s)		
Coordinating: Prof. Renata Šimkūnaitė-Rizgelienė	Department of Anatomy, Histology and		
Others: Prof. Violeta Žalgevičienė, lect. Rūta Jacevičiūtė.	Anthropology,		
	Institute of Biomedical Sciences,		
	Faculty of Medicine, Vilnius University		

Cycle	Level of the course unit	Type of the course unit
Integrated studies	-	Compulsory

Mode of delivery		7	Period of delivery	Language of instruction	
Face-to-face:	lectures,	seminars,	Year I, semester II	Lithuanian and English	
practices, consultations, colloquia and		loquia and			
self-studies					

Prerequisites and corequisites			
Prerequisites:	Corequisites (if any):		
Credit of the first semester	-		

Number of ECTS credits	Total student's workload	Contact hours	Self-study hours
allocated to the course unit			
5	134	67	67

Purpose of the course unit
Programme competences to be developed
The purpose of the course is to aid students in acquiring basic knowledge and understanding of the microscopic
structure of human tissues and organs, ensure that students understand the material so that they may systemise, analyse
and proceed to the clinical studies.

After the course students are required to know the microscopic structure of human tissues and organs, their origin and main functions, apply theoretical knowledge to practice - recognize, describe and compare histological slides of tissues and organs

Learning outcomes of the course unit	Teaching and learning methods	Assessment methods
Generic competences:		
 During the second semester students are required: to act fairly and according to ethical obligations, be empathetic, think critically and self-critically, be creative, take the initiative, communicate with others 	Lectures and seminars, self- study	Continuous assessment during seminars
- to make an assessment within the scope of one's competence and, if necessary, ask for help, act in new situations and adapt to them, act independently, solve problems, make judgements, work with other students, organise and plan	Seminars and practice, self- study	Continuous assessment during seminars and practice
- to analyse and synthesize, use knowledge in practice	Seminars and practice, self- study	Continuous assessment during seminars, practice and colloquiums
Subject-specific competences: During the second semester students are required:		
- to know microscopic structure, origin and functions of sense organs , recognize and describe the slides of different organs of the sensory system	Theoretical material during the lecture. Study of histological slides, schemes and posters during practice, discussions and analysis during seminar, self-study	Continuous assessment during practice and seminar. At the end of themes about sense organs and the skin – a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of integumentary system , recognize and describe the slides of different structures of the skin	Theoretical material during the lecture. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminar. At the end of themes about sense organs and the skin – a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of gastrointestinal system , recognize and describe the slides of different organs of gastrointestinal system	Theoretical material during the lectures. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminars. At the end of theme – colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of urinary system , recognize and describe the slides of different organs of urinary system	Theoretical material during the lectures. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminar. At the end of urogenital theme – a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of male reproductive system , recognize and describe the slides of different organs of male reproductive system	Theoretical material during the lecture. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminar. At the end of urogenital theme – a colloquium. At the end of course unit –an examination
- to know microscopic structure, origin and functions of female reproductive system , recognize and describe the	Theoretical material during the lecture. Study of	Continuous assessment during practice and

slides of different organs of female reproductive system	histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	seminar. At the end of urogenital theme – a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of respiratory system , recognize and describe the slides of different organs of respiratory system	Theoretical material during the lecture. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminar. At the end of themes about respiratory and cardiovascular systems – a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of cardiovascular system , recognize and describe the slides of different organs of cardiovascular system	Theoretical material during the lecture. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminar. At the end of themes about respiratory and cardiovascular systems –a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of immune system , recognize and describe slides of different immune organs	Theoretical material during the lecture. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminar. At the end of themes about immune and endocrine systems – a colloquium. At the end of course unit – an examination
- to know microscopic structure, origin and functions of the endocrine system , recognize and describe slides of different endocrine organs	Theoretical material during the lectures. Study of histological slides, schemes and posters during practice, discussions and analysis during seminars, self-study	Continuous assessment during practice and seminar. At the end of themes about immune and endocrine systems – a colloquium. At the end of course unit – an examination
- to recognize, characterize and compare histological slides of all the tissues and organs of the body	Theoretical material during the lecture. Study of histological slides during consultations, comparison, discussions, analysis during seminar	Practical colloquium at the end of the semester

	Contact work hours								Time and tasks of self-study		
Topics	Lectures	Consultations	Seminars	Practice	Laboratory work	Practical training	Total contact hours	Self-study	Tasks		
1. Sense organs	-	-	1	2	-	-	3	6	Studies of the literature,		
									preparing for seminar and practice		
2. Integumentary system	2	-	1	2	-	-	5	4	Studies of the literature,		
									preparing for seminar and		
									material studied about sense		
									organs and preparation for the		

	_								colloquium
3. Oral organs	2	-	1	2	-	-	5	5	Studies of the literature,
									preparing for seminar and
		ļ	ļ						practice
4. Gastrointestinal tract	2	-	2	1	-	-	5	5	Studies of the literature,
									preparing for seminar and
	-			-					practice
5. Digestive glands	2	-	1	2	-	-	5	5	Studies of the literature,
									preparing for seminar and
									material studied about
									gastrointestinal system and
									preparation for the colloquium
6. Urinary system	2	-	2	1	-	-	5	5	Studies of the literature.
	-		-	-			-		preparing for seminar and
									practice
7. Male reproductive system	2	-	1	2	-	-	5	5	Studies of the literature,
1									preparing for seminar and
									practice
8. Female reproductive system	2	-	2	1	-	-	5	5	Studies of the literature,
									preparing for seminar and
									practice. Repetition of the
									material studied about urogenital
									system and preparation for the
0 Descientes a star	2		2	1			=	-	colloquium.
9. Respiratory system	2	-	2	1	-	-	5	5	Studies of the literature,
									preparing for seminar and
10 Cardiovascular system	2		2	1			5	5	Studies of the literature
10. Cardiovasculai system	2	-	2	1	-	-	3	3	preparing for seminar and
									practice. Repetition of the
									material studied about respiratory
									system and preparation for the
									colloquium
11. Immune organs	2	-	1	2	-	-	5	5	Studies of the literature,
									preparing for seminar and
									practice
12. Endocrine system	2	-	2	1	-	-	5	6	Studies of the literature,
									preparing for seminar and
									practice. Repetition of the
									material studied about immune
									system and preparation for the
13 Differential diagnostics of	2	1	3	3	-	-	9	6	Preparing for seminar and
histological slides	2	1	5	5				U	practice Possibility to study
instore great shares									histological slides during the
									consultation. Preparation for
									practical colloquium
Total	24	1	21	21	-	-	67	67	-
	1			1	1	1			

Assessment strategy	Weight	Assessme	Assessment criteria
	(%)	nt period	
Continuous assessment		During	Short questioning on the topic of the current day (in written or
during practice and seminars		semester	oral forms). At the end of the practice the lecturer checks the
			drawings, points out mistakes, ascertains the correctness of
			terminology and depicted structures and signs them.
			Students report on self-dependently explored topics and
			projects, general discussion on problematic questions during
			seminars.
			Attendance of the practices and seminars is mandatory, and
			missing classes due to justified causes must not exceed 20% of

			the scheduled time
			Active attendance of lectures and solving problems presented
			during the seminars is encouraged.
Interim assessment -	5%	During	The colloquia are in written (closed or opened questions with
5 colloquia:		semester	schemes, drawings, figures and histological slides) or in oral
Sense organs and Skin			form (with schemes, drawings, figures and histological slides).
Gastrointestinal System;			Assessment on 10-point scale:
Urogenital System;			10 points - the student mastered the studied material
Respiratory and			excellently, is able to analyze and summarize, uses the concepts
Cardiovascular Systems;			and terms correctly. Written colloquium - at least 90 percent of
Immune and Endocrine			questions answered.
Systems.			8-9 points - the student mastered the studied material very
			well/well, is able to organize and summarize, uses correctly the
			concepts and terms. Written colloquium - at least 85 percent of
			questions (9 points), or 75 percent of questions (8 points)
			answered.
			6-7 points - the student mastered the studied material
			satisfactorily, some of the concepts and terminology used
			inaccurately. written colloquium - answer at least 65 percent of
			questions (7 points), or 55 percent of questions (6 points).
			5 points - student mastered the studied material superincially,
			lasst 50 percent of questions answered
			4_{-1} points – student's knowledge is insufficient terms and
			concepts used incorrectly. Written colloquium - less than 50
			percent of test questions answered
			Failed colloquium could be retaken.
			An average grade of all colloquia (of the 1^{st} and the 2^{nd}
			semester) makes up 10% of the final evaluation.
			Student must fulfil attendance requirements and pass the
Practical colloquium	20%	End of	colloquia of the 2 nd semester.
(differential diagnostics of		semester	Student must recognize and describe 5 histological slides, show
histological slides)			name and describe the structural components of organ or tissue,
			answer basic theoretical questions.
			Each slide is assessed by point from 0 to 2:
			- 2 points, when slide is recognized, described correctly
			and all the questions are answered;
			- 1.5 point, when slide is recognized, described
			correctly, but questions are not answered or slide is
			recognized and described repeatedly and all the
			questions are answered;
			- I point, when side is recognized and described
			answered:
			- 0.5 point when slide is recognized and described
			repeatedly and all the questions are not answered:
			- 0 point, when slide is not recognized repeatedly and
			all the questions are not answered.
			The sum of the points (1-10) makes up assessment of practical
			colloquium.
			Failed colloquium could be retaken.
			Student must have the credits of the 1 st semester, fulfil
Final Exam	70%	During	attendance requirements and pass the theoretical colloquia and
		session	practical colloquium of the $2^{n\alpha}$ semester.
			Examination in written form is composed of open-ended
			questions.
			Ånswers are assessed by marks from 0 to 10. Average of all the
			marks makes up assessment of examination.
			The final assessment consists of the following
			70% - $70%$ - evamination:
			- 20% - practical colloquium
	1	1	

- 10%- average of theoretical colloquia (passed during two
semesters).
The final assessment according to the scheme:
10 - if > 90 % are collected,
9 - if > 85 % are collected,
8 - if > 75% are collected,
7 - if > 65 % are collected,
6 - if > 55 % are collected,
5 - if > 50 % are collected,
4 - if < 50 % are collected.

Author	Year of public ation	Title	No of periodical or vol. of publicatio n	Publication place and publisher or Internet link			
Required reading							
Young B., O'Dowd G., Woodford P.	2014	Wheater's Functional Histology: a Text and Colour Atlas		Churchill Livingstone https://www.clinicalkey.com/ #!/browse/book/3-s2.0- C20090600258			
Šimkūnaitė-Rizgelienė R.	2012	A Practical Guide to Special Human Histology		http://www.mf.aha			
Recommended reading							
Ross M.H., Pawlina W.	2011	Histology. A Text and Atlas		Lippincott Williams&Wilkins			
Gartner L. P.	2017	Textbook of Histology		Elsevier https://www.clinicalkey.com/ #!/browse/book/3-s2.0- C20140021375			
Drake R., Vogl W.A., Mitchell A.W.M.	2019	Gray's Anatomy for Students.		Churchill Livingstone https://www.clinicalkey.com /#!/browse/book/3-s2.0- C20110053139			