



COURSE UNIT (MODULE) DESCRIPTION

Course unit (module) title	Code
Sauna, Sibelius ir sisu - faktai ir stereotipai apie Suomiją Sauna, Sibelius, and Sisu - facts and stereotypes about Finland	

Lecturer(s)	Department(s) where the course unit (module) is delivered
Coordinating: lect. Taina Mylläri Other: -	Faculty of Philology, Institute for the Languages and Cultures of the Baltic, Centre for Scandinavian Studies

Study cycle	Type of the course unit (module)
First	Optional

Mode of delivery	Period when the course unit (module) is delivered	Language(s) of instruction
Seminars and independent work	Spring semester	English

Requirements for students	
Prerequisites: English B2	Additional requirements (if any): –

Course (module) volume in credits	Total student's workload	Contact hours	Self-study hours
5 ECTS	130 hours	32	98

Purpose of the course unit (module): programme competences to be developed		
The course provides an introduction to Finland's history, society, and culture. During the course, students will gain insight into Finland and Finnish culture.		
Learning outcomes of the course unit (module)	Teaching and learning methods	Assessment methods
Students will become familiar with Finnish culture, economics, history and society.	Through seminars, readings, and multimedia resources, students will deepen their understanding of Finland and of Finnish identity, values, and traditions.	Cumulative assessment: 60% participation in seminars, 40% end-of-term presentation.

Content: breakdown of the topics	Contact hours							Self-study work: time and assignments	
	Lectures	Tutorials	Seminars	Exercises	Laboratory work	Internship/work placement	Contact hours	Self-study hours	Assignments
1. Introduction to Finland: beyond sauna, Sibelius and sisu			2				2	6	Reading, group work, and discussions
2. Basics about Finland: geography, history, economy, political system	2		6				8	22	Reading, group work, and discussions
3. Life in Finland: education, society, traditions	2		6				8	22	Reading, group work, and discussions
4. Finnish culture and arts: architecture, design, film, literature, music	4		8				12	32	Reading, group work, and discussions
5. End-of-course presentation: "My take on Finland"			2				2	16	Presentation delivered at the end of the course. Students can work individually or in small groups.
Total: 130	8		24				32	98	

Assessment strategy	Weight, %	Deadline	Assessment criteria
Participation in seminars	60%	During the course	Active participation in class. Timely completion and the quality of all assignments.
End-of-course presentation	40%	At the end of the semester	Quality of the content and delivery of the presentation. More detailed set of criteria will be provided by the teacher during the course.

Course literature

Author	Year of publication	Title	Issue of a periodical or volume of a publication	Publishing place and house or web link

Required reading				
		A collection of material prepared by the lecturer		

Last updated: 2025-10-08