



COURSE UNIT DESCRIPTION

Course unit title	Code
Public health interventions	

Annotation

Lecturer(s)	Department, Faculty
Coordinating: dr. Rokas Arlauskas Other: Other lecturers	Vilnius University, Faculty of Medicine, Institute of Health Sciences, Department of Public Health

Study cycle	Type of the course unit
Second	Mandatory

Mode of delivery	Semester or period when it is delivered	Language of instruction
Classroom	First semester	Lithuanian

Requisites	
Prerequisites: Health education and promotion. Public health law.	Co-requisites (if relevant):

Number of ECTS credits allocated	Student's workload (total)	Contact hours	Individual work
5	135	64	71

Purpose of the course unit: programme competences to be developed
The aim is to acquaint students with the basics of planning health policy and public health interventions

Learning outcomes of the study programme	Learning outcomes of the course unit	Teaching and learning methods	Assessment methods
1,1, 3.1, 4.1, 5.1 11.1, 12.1, 13.1, 14.1	Will be able to: - think analytically and critically, formulate common aspirations and prepare a plan for their implementation; - to analyze and evaluate the implemented health policy; - prioritize public health interventions;	Exercises, seminars, independent work	Continuous evaluation of speeches, discussions, presentations, including evaluation of the final written work (intervention project and its presentation). Feedback will be implemented during each session. There will be a discussion with the student about aspects of the work he has done

	<p>- look for the necessary information in various sources and critically evaluate it;</p> <p>- critically analyze, evaluate and comment on proposed or ongoing interventions;</p> <p>- developing projects (interventions) to improve public health, including situation analysis and feasibility assessment, formulation of goals and objectives, anticipation of implementation measures, activities, partners and their roles, assessment of the final result, potential risks, preparation of a detailed budget and work plan.</p>		
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Course content: breakdown of the topics	Contact hours							Individual work: time and assignments	
	Lectures	Tutorials	Seminars	Workshops	Laboratory work	Internship/work placement	Contact hours, total	Individual work	Assignments
1. Public health strategic documents and the legal basis of the LT health system			8					4	Search of information. Group discussion.
2. Population lifestyle - assessment of nutrition, physical activity, mental health status, compiling a list of problems to be solved			8					4	Search of information. Group discussion.
3. Analysis of the situation of selected VS problems: diet, physical activity, harmful habits, etc.			8					4	Search of information. Group discussion.

4. Possibilities for solving selected VS problems - training of healthy nutrition, promotion of physical activity, etc.			4					2	Search of information. Group discussion.
5. Formulation of the goal and objectives of the intervention			4					4	Independent work and individual presentation to the teacher
6. Analysis of strengths, weaknesses, opportunities and threats			4					8	Independent work and individual presentation to the teacher
7. Measures for implementation of tasks			4					6	Independent work and individual presentation to the teacher
8. Main actors, participants and their role in the interventions			8					10	Independent work and individual presentation to the teacher
9. Intervention budget planning			4					4	Independent work and individual presentation to the teacher
10. Planning the monitoring of the implementation of interventions and the final result			8					13	Independent work and individual presentation to the teacher
11. Work plan schedule			4					12	Independent work and individual presentation to the teacher
Total			28	36				71	

Assessment strategy	Weight %	Deadline	Assessment criteria
Continuous assessment during seminars and exercises	20	For each workshop years	Execution of homework assignments and presentation of results in exercises and seminars; Ability to listen, formulate questions, discuss and evaluate homework assignments performed by colleagues, Participation in problem discussions and discussion of situations; Demonstrates the ability to find the necessary data and publications on the topic; ability to logically link information from different fields, critically evaluate various situations, creatively search for solutions to non-traditional problems. The grade is marked on a ten-point scale - A.

Evaluation of the written work of the prepared intervention projects	60	During the last practical session	Assessment of the relevance of the written work to the established structure and the chosen topic, including the validity of the information. Failure to submit the written work of the intervention project on time reduces the final assessment of the subject by one point. The grade is marked on a ten-point scale - B.
Evaluation of the oral presentation of the prepared intervention projects	20	During the last practical session	Quality of the oral presentation of the prepared project (presentation material, speaking, communication with the audience). Failure to deliver the presentation of the intervention project in time is reduced by one point. The grade is graded on a ten-point scale - C.
Final assessment of the subject	Cumulative	The first day of the session	The final score in the ten-point system is E. $E = A \times 0,2 + B \times 0,6 + C \times 0,2$

Author	Publishing year	Title	Issue of a periodical or volume of a publication; pages	Publishing house or internet site
Required reading				
Pencheon D, et al.	2011	Oxford Handbook of Public Health Practice.		New York: Oxford University Press
Bartholomew LK, et al.	2011	Planning health promotion programs: an intervention mapping approach		California: Mayfield Publishing Company
Lietuvos Respublikos Seimo nutarimas dėl sveikatos tausojimo ir stiprinimo politikos gairių patvirtinimo 2019 m. liepos 9 d. Nr. XIII-2304		Sveikatos tausojimo ir stiprinimo politikos gaires, 2019		https://e-seimas.lrs.lt/portal/legalAct/lt/TAD/f0d5f572a6eb11e9aab6d8dd69c6da66?jfwid=-y0intm8bt
Lietuvos Respublikos Seimas		Lietuvos Respublikos papildomosios ir alternatyviosios sveikatos priežiūros įstatymas 2020 m. sausio 14 d. Nr. XIII-2771, Vilnius		https://e-seimas.lrs.lt/portal/legalAct/lt/TAD/3a4c78c03b6411eabd71c05e81f09716?positionInSearchResults=0&searchModelUUID=d943ad37-1ade-4b56-8b11-55dc5db82f08
PSO Europos biuras	2000	Sveikata 21: Pagrindiniai PSO visuomenės		http://www.pa-neveziotlk.lt/userfiles/file/2014_II%20pus

		sveikatos priežiūros principai Europos regione		metis/PSO%20veikla,%20prioritetai%20ir%20issukiai.pdf
	2013	Health 2020: a European policy framework supporting action across government and society for health and well-being, WHO Europe		http://www.euro.who.int/data/assets/pdf_file/0006/199536/Health2020-Short.pdf
Recommended reading				
Sudarytoja Kalėdienė	Ramunė 2017	Sveikatos netolygumai. Patirtis ir perspektyvos. Vadovėlis		UAB "Arx Reklama", Kaunas. 2017.
	2014	Lietuvos Respublikos Seimo 2014 m. birželio 26 d. nutarimas Nr. XII-964 „Dėl Lietuvos sveikatos 2014–2025 m. programos patvirtinimo“, TAR, 2014-07-01, Nr. 9403;		https://e-seimas.lrs.lt/portal/legalAct/lt/TAD/35834810004f11e4b0ef967b19d90c08?jfwid=-fxdp770g
	2014	Visuomenės sveikatos stiprinimo vadovas savivaldybėms, Sveikatos mokymo ir ligų prevencijos centras, Vilnius, 2014, 110 p.		http://www.smlpc.lt/print.php?lang=1&sid=62&tid=1397
	2009	Visuomenės sveikatos stiprinimo paslaugų teikimo gairės		http://www.smlpc.lt/media/image/Naujienoms/2017%20metai/Lankstukai/Visuomenes_sveikatos_stiprinimo_%202015.pdf
Zenonas Javtokas	2009	Sveikatos stiprinimo konspektas		http://www.smlpc.lt/media/file/Skyriu_inf o/Kvalifikacijos_tobulinimas/Lektura/Z.Javtokas.%20Sveikatos

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