COURSE UNIT DESCRIPTION

Course unit title	Code
CHILD AND ADOLESCENT HEALTH SAFETY	

Academic staff	Core academic unit(s)
Coordinating: Assistant dr. Justina Račaitė **Others**: Lecturers of the Department of Public Health at the Institute of Health Sciences	Department of Public Health, Institute of Health Sciences, Faculty of Medicine, Vilnius University

Study cycle	Type of the course unit
First cycle	Compulsory

Mode of delivery	Semester or period when it is delivered	Language of instruction
Face-to-face /remote learning	VI semester	Lithuanian

Requisites	
Prerequisites: Introduction to public health, fundamentals of human anatomy and histology, human biology, parasitology, microbiology and immunology, human physiology, fundamentals of health economics and management, preventive medicine, health education and promotion.	**Co-requisites (if any):** -

Number of ECTS credits allocated	Student's workload (total)	Contact hours	Individual work
4	108	54	54

Purpose of the course unit			
To provide knowledge about children's health, children's environmental factors, to develop the ability to assess children's and adolescents' health indicators, and factors affecting children's health, their lifestyle, to identify priority activities for the appropriate age group of children. To provide knowledge about the practical possibilities of a public health specialist, to develop the ability to apply theoretical knowledge of child health prevention and promotion in solving specific children's health problems. To develop students' ability to work individually and in a group, analytical and critical thinking (general competencies).			
Learning outcomes of the study programme	**Learning outcomes of the course unit**	**Teaching and learning methods**	**Assessment methods**

5.1; 7.1	1. Knowing the regularities of children's growth and development, the uniqueness of a child's body and development, its importance in forming a safe and health-promoting environment for the child, being able to identify the most important environmental factors for children.	Seminars, practice, presentations, situation analysis, working in groups, open discussion; self-study, searching of information and studying of literature	Continuous cumulative assessment of knowledge and skills during lectures, seminars, practices; evaluation of written works, presentations; after completing the teaching of the subject - a written exam.
1.1; 2.1; 4.1; 5.2	2. Being able to critically evaluate indicators describing the health of children and adolescents, being able to collect data on children's health, summarize, analyse, and evaluate them, participate in setting priority activities.	Seminars, practice, presentations, situation analysis, working in groups, open discussion; self-study, searching of information and studying of literature	Continuous cumulative assessment of knowledge and skills during lectures, seminars, practices; evaluation of written works, presentations; after completing the teaching of the subject - a written exam.
8.1; 9.1	3. To know the WHO, EU, and other international as well as Lithuanian health policy strategic and legal documents in the field of child and adolescent health care, to be able to organize and conduct public health specialist practical activities related to child and adolescent public health care.	Seminars, practice, presentations, situation analysis, working in groups, open discussion; self-study, searching of information and studying of literature	Continuous cumulative assessment of knowledge and skills during lectures, seminars, practices; evaluation of written works, presentations; after completing the teaching of the subject - a written exam.
3.1; 6.1; 10.1; 11.1; 12.1; 13.1	4. To be able to work in an interdisciplinary team, to know the peculiarities of working with the education sector, to understand the principles and methods of evidence-based public health practice, to know and be able to effectively plan, coordinate, and implement health promotion and strengthening	Seminars, practice, presentations, situation analysis, working in groups, open discussion; self-study, searching of information and studying of literature	Continuous cumulative assessment of knowledge and skills during lectures, seminars, practices; evaluation of written works,

	activities in educational institutions, as well as in the development of public health recommendations.									presentations; after completing the teaching of the subject - a written exam.
Content		**Contact hours**							**Individual work: time and assignments**	
		Lectures	Tutorials	Seminars	Workshops	Laboratory work	Internship	**Contact**	**Self-study**	**Tasks for individual work**
1. Contingents of specialists, working in health strengthening and protection of children and adolescents', professional career opportunities. Child health safety as a priority area of public health. Activity model of a public health specialist working in the field of child health safety.				4	4			**8**	**4**	Studies of scientific and subject literature Analysis of legal acts. Preparation for practises and discussion, preparation of presentations.
2. Health issues for children of all ages from a historical perspective. Legislation in the field of child health safety.		1		2				**3**	**4**	Studies of scientific and subject literature Analysis of legal acts. Preparation for practises and discussion, preparation of presentations.
3. Sustainable development goals and children's health. Strategic documents for children 's health: international and national.		1		2				**3**	**4**	Studies of scientific and subject literature Analysis of legal acts. Preparation for practises and

									discussion, preparation of presentations.
4. Child health indicators. Sources of children's health information, methodology of indicators. Monitoring public health in children.	2			4			**6**	**4**	Studies of scientific and subject literature Analysis of legal acts. Preparation for practises and discussion, preparation of presentations.
5. Health promoting schools. Youth-friendly health care services. Convention on the Rights of the Child. Ensuring the child's rights to health care in Lithuania. The role of the Office of the Ombudsman for the Protection of the Rights of the Child.				8			**8**	**6**	Studies of scientific and subject literature Analysis of legal acts. Preparation for practises and discussion, preparation of presentations.
6. Transportation to and from school in the context of public health.				4			**4**	**4**	Studies of scientific and subject literature Analysis of legal acts. Preparation for practises and discussion, preparation of presentations.
7. Child health care. School health services. Organization of the activities of a public health specialist providing health care at school.			2	12			**14**	**8**	Studies of scientific and subject literature Analysis of legal acts. Preparation for practises and discussion, preparation of presentations.
8. Links between toys, playgrounds, textbooks and other educational aids, clothing and footwear and children's health, safety reglementation. Topical issues			8				**8**	**20**	Studies of scientific and subject

of children's lifestyle, Information technologies and their impact on children's health, children's sleep and its connections to children's health.									literature Analysis of legal acts. Preparation for practises and discussion, preparation of presentations.
Total	**4**		**18**	**32**			**54**	**54**	

Assessment strategy	**Weight %**	**Deadline**	**Assessment criteria**
Test	10	On the end of the 6th semester	Test of 30 questions. Evaluation under 10 points system according to the percentage of correct answers. Maximum possible evaluation is 10. The test score received is averaged with an accuracy of 0,5 points (grade value).: 10 (excellent) – when 9,5-10 scores collected; 9 (very good) – 8,5–9,49 scores; 8 (good) – 7,5–8,49 scores; 7 (average) – 6,5–7,49 scores; 6 (satisfactorily) – 5,5–6,49 scores; 5 (weak) – 4,5–5,49 scores; 4, 3, 2, 1, 0 (not passed) –less than 3,5 scores or no score was given when student has taken the test but the procedure was terminated due to cheating, copying or letting others to copy and etc.
Individual work: paper on a given topic	10	During the 6th semester	Requirements for paper: extent 5 to 7 pages (excluding title page, content, and references list). Structure clear, logic, there are introduction, with the background of issue relevance, aim, objectives, review of literature and critical appraisal of it, conclusions. There is title page and content provided. Text justified, line spacing – 1,5, same font in all the text (Times New Roman), font size – 12, pages numbered (except first page). Correct citation. No plagiarism. References provided in Vancouver system. Correct reference list. References: Lithuanian or international scientistic articles, textbooks, national and international legal acts, official science, and government institutions websites. Information is provided consistently, clearly, in a structured way, correct language is used. There are no jumps in thoughts and deviations from the topic. 10 points – if paper meets all above listed criteria. Other scores are counted respectively by 0,5 points accuracy.
Group or individual work, its presentation during seminars / practice or in a virtual learning platform.	5	During the 6th semester	Assignments assessed in 10 points system. After the semester is over the average number of all assignments scores is counted. Presentation of scientific topic related literature, presentation of accomplished assignment, short survey or discussion on specific issue. Students are introduced with evaluation criteria of specific assignment during the first seminar.

Author	Publishing year	Title	Issue of a periodical or volume of a publication	Publishing house or web link
Required reading				
Howard Frumkin, Robert J. Geller, I. Leslie Rubin	2006	Safe and Healthy School Environments		Oxford university press
Theodore Tulchinsky and Elena Varavikova	2014	The new public health. Third edition		Elsevier, Academic Press, San Diego
Mitch Blair, Sarah Stewart-BNrown, Tony Waterston, Rachel Crowthere	2004	Child Public Health		Oxford university press
Legislations presented during seminars and practice				
Additional reading				
Lynn Rew	2005	Adolescent Health: a Multidisciplinary approach to theory, research and intervention		Sage Publications
L. Valius, L. Jaruševičienė.	2008	Paauglių sveikatos priežiūra		UAB „Vitae Litera“, Kaunas
R. Stukas, G. Šurkienė, V. Dobrovolskij	2012	Gyvensena ir visuomenės sveikata		Vilniaus universiteto leidykla
Presented during seminars and practice				