The person has symptoms fitness OR had direct contact with a COVID-19 patient. The head of the unit of the employee / in the case of a student – the core academic unit administration / the Dormitory Centre informs the person responsible in the unit (if the person responsible is not available or not assigned, the steps provided for in the Action Plan No. 1 are taken by the head of the unit). Informing the Civil and Work Safety Department (phone: (8 620) 41177, e-mail: cdst@cr.vu.lt) organises remote work/studies for the person with suspected COVID-19 (under the decision of the head of the core academic/non-academic unit) or if teleworking is not possible, suggests to apply for sick leave and finds a substitute.

If the COVID-19 test is positive, the Action Plan No. 1 is followed. The person leaves the place of work/studies, phones 1808 and abides by the instructions received (including testing and self-isolation for 14 days).

If the test is not performed or is negative, the person consults with a family doctor and follows his/her instructions. If the person is not granted sick leave, he/she returns to work/studies.

Informs the person responsible in the unit (if the person responsible is not available or not assigned, the steps provided for in the Action Plan No. 1 are taken by the head of the unit).

1 Symptoms – symptoms of acute upper respiratory tract infections, such as fever, cough, difficulty breathing, etc.

2 Person who had direct contact – an individual who interacted with a COVID-19 patient 72 hours before or 14 days after the onset of symptoms or an individual who interacted with a COVID-19 patient (who had no symptoms characteristic to the disease) 72 hours before and 14 days after the patient tested positive for COVID-19.

High risk contacts:
- communication with an infected person at a distance of less than 2 metres for more than 15 minutes or direct physical contact;
- direct unprotected contact with bodily fluids contaminated with COVID-19;
- spending time in a confined space with a COVID-19 patient for more than 15 minutes.

3 The 14-day period for self-isolation is calculated as of direct contact with a COVID-19 patient. This 14-day isolation period may be shortened in the cases established and in accordance with the procedures set by the Minister of Health of the Republic of Lithuania.