

USE NEW LEARNING STRATEGIES

THINK ABOUT HOW YOU ARE GOING TO PREPARE

KNOW YOUR WORK CAPACITY

We are different, so naturally our periods of efficiency are different as well. Pay attention to the time when you are most active and plan your learning accordingly.

PREPARE FOR A LECTURE IN ADVANCE

- Have a description of the course, which will help you to plan and prepare for the topics of the lecture.
- Read the section before the lecture. Write down the questions or uncertainties that have arisen while reading. Ask them the lecturer during the lecture.

TAKE NOTES

- Take notes in your own words. It will make it easier to understand the subject.
- Write down the questions and uncertainties that arise during the lecture.
- Write a brief summary at the end of the notes.
- When you get home, look at the notes again and add the information you forgot. If there are unanswered questions, read other sources of information.
- If you cannot find the answers, ask those questions at the next lecture.

TEST YOURSELF

- Ask yourself questions about the lecture and try to answer them.
- Note what questions you could not answer and verify the information.
- Ask the questions “Why?” and try to answer them. This will help to understand the wider picture of the lecture.
- We learn best by teaching others. Tell a classmate about the lecture, note what was hard to explain, what you forgot, what your friend did not understand. Check if you made any mistakes. If this happens, fill in the knowledge gaps.
- For self-testing, use cards with the questions written on one side and the answers on the other.

