



## Health and Sport Center



In 2024, Vilnius University distinguished itself not only by the community's achievements in sports in Lithuania and beyond, but also by active health promotion activities, events, and upgraded sports facilities.

The University athletes participated in the most important international tournaments. At the SELL Games in Kaunas, the University team comprised 160 students and won an astounding number of 43 medals: 13 gold, 19 silver, and 11 bronze. The University's chess players became champions at the European Universities Games, and the University's volleyball players triumphed at the World Inter-Universities Championship in Rome. Medals were also earned in athletics, swimming, and table tennis. The chess players successfully competed in the international student tournament in Antwerp. Two students from the University competed in the 2024 Paris Olympic Games. In the Lithuanian Student Championships, 250 students and alumni represented the University, winning 13 gold, 16 silver, and 23 bronze medals.

The sports events of the year were marked by growing community engagement. For the second year in a row, the University Sports Awards were organised, in which 48 athletes were nominated in 16 categories, and more than 2,500 community members participated in the open vote. Different internal competitions were held: the Interfaculty Competition for Rector's Prize in athletics, armlifting, volleyball, basketball, hiking sports, and aerobic gymnastics attracted approximately 250 students. Moreover, space and organisational support were provided for the initiatives of the Students' Representation of the University. Activities under the 'Health Laboratory' continued to thrive. In 2024, more than 230 individual health promotion consultations were provided to members of the University community. Volunteers supervised by specialists conducted kinesitherapy tests and body mass analyses, while Master's students in Health Psychology conducted motivational interviews. The activities 'Link kūno ir proto darnos' ('Towards Body-Mind Harmony') and remote and live exercise in various units of the University have gained enormous popularity. Community members actively participated in group training sessions and used gyms and sports facilities; in autumn, these services were provided free of charge. The most popular activities of the community proved to be amateur volleyball groups. As in previous years, a summer sports camp for children aged 7–11 was organised, with 45 children participating.

The activity of the community was also reflected in large-scale events. Together with the Center for Physical Sciences and Technology, three cross-country events for academic institutions were organised in winter, autumn, and spring. The University's birthday challenge '445', which was held together with the Lithuanian Orienteering Sports Federation according to the principle of rogaining, attracted close to 200 participants. The University community won the National Mobility Challenge among universities, and the President of the Republic of Lithuania has expressed his gratitude to the University.

International relations grew stronger: the University continued to actively participate in the activities of the European Network of Academic Sports Services. Four staff members of the Health and Sport Center participated in Erasmus traineeships. The University has welcomed groups from the University of Porto (Portugal) and the University of La Laguna (Spain) as part of training exchange visits.

In 2024, the renovation of the gym at Saulėtekio al. 26 was completed, with a modern functional training zone installed, and the beach volleyball court was opened. The scoreboard, sound system, and other infrastructure components were upgraded at the gym located at Saulėtekio al. 2. Moreover, a major overhaul of the sports services system led to substantial upgrades, and a membership scheme for community members and guests has been introduced.

**Ramunė Žilinskienė, Director**

# KEY FACTS AND FIGURES

## Health and Sport Center objectives and areas of activity

Formation and implementation of the University's policy in the fields of health and sports

Establishing and maintaining a health and sports space for the community

Organisation and management of health and sports services provided to the University community and society

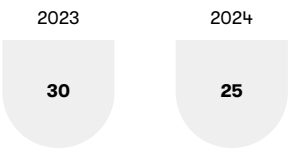
Offering opportunities for exercising to the University community, health promotion, and representation of the University at national and international sports events

**Teams trained and mentored at the Health and Sport Center:** football (men's team), basketball (women's and men's teams), track-and-field athletics, travelling sports, orienteering sports, volleyball (men's and women's teams), tennis, table tennis, rowing, chess, bullet shooting, fencing, kettlebell lifting, powerlifting, weightlifting, swimming, judo/sambo, and aerobic gymnastics.

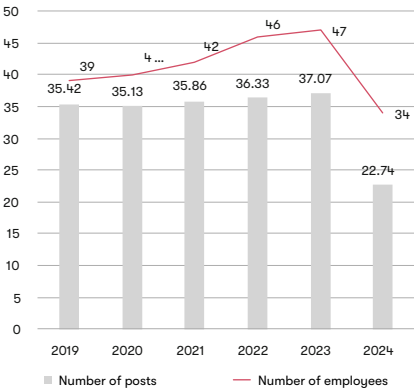
The Health and Sport Center has a **'Health Laboratory'**, organises activities **'Link kūno ir proto darnos'** ('Towards Body-Mind Harmony'), exercises and group training sessions for the community, provides opportunities for exercising in gyms, sports facilities, and stadium. Sports camps for children are also available. University teams take part in the **National Mobility Challenge**.

## Number of employees and posts in 2019–2024

Number of employees who have developed their qualifications at least once a year in 2023–2024



Data of 31 December



Data of 31 December

**10 people volunteered in 2024**  
Change in the number of employees in 2024 compared to the average of 2019–2023



Change in the number of posts in 2024 compared to the average of 2019–2023



## Number of students and alumni belonging to teams, 2023–2024

	Students	Alumni	Total
2024	289	21	310
2023	280	20	300

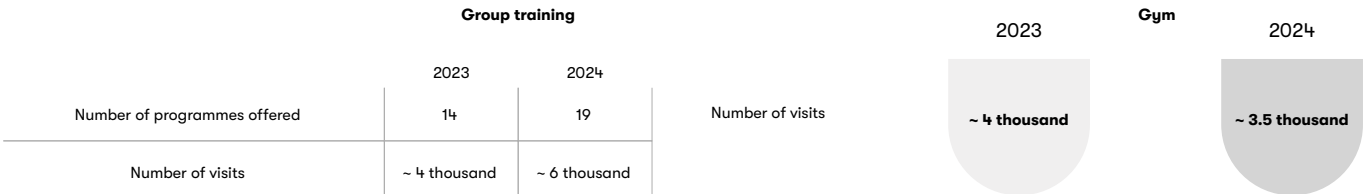
## Number of away games, 2023–2024

	2023	2024
Number of games	55	59
Games abroad	5	4

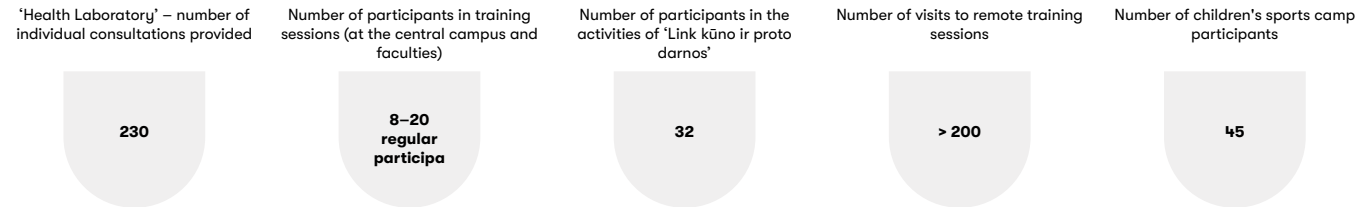
## Number of events organised and held in 2023–2024



Services for the community, 2023–2024



Other services offered to the community in 2024



Revenue from paid services, 2019–2024 (EUR thousand)

